

Cleveland Clinic Constipation Score (Agachan)

Section / Response	Score
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Frequency: bowel movements

1–2 times per 1–2 days	0
2 times per week	1
Once per week	2
Less than once per week	3
Less than once per month	4

Difficulty: painful evacuation effort

Never	0
Rarely	1
Sometimes	2
Usually	3
Always	4

Completeness: feeling of incomplete evacuation

Never	0
Rarely	1
Sometimes	2
Usually	3
Always	4

Pain: abdominal pain

Never	0
Rarely	1
Sometimes	2
Usually	3
Always	4

Time: minutes in lavatory per attempt

Less than 5	0
5–10	1
10–20	2
20–30	3
More than 30	4

Assistance: type of assistance

Without assistance	0
Stimulative laxatives	1
Digital assistance or enema	2

Failure: unsuccessful attempts for evacuation per 24 hours

Never	0
1–3	1
3–6	2
6–9	3
More than 9	4

History: duration of constipation (years)

0	0
1–5	1
5–10	2
10–20	3
More than 20	4

0 to 10: Normal bowel function (or mild constipation)

11 to 20: Moderate constipation

21 to 30: Severe constipation