

Mandolay Hotel  
Guildford  
GU1 2AE



**The Pelvic Floor Society**  
*Working to Improve Outcomes*



The Association of  
**Coloproctology of  
Great Britain & Ireland**



4th-6th  
November 2026

# THE PELVIC FLOOR SOCIETY PROGRAMME

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## **Meet the Faculty**

Alin Mascas, Consultant Psychiatrist,  
Hampshire

Alison Hainsworth, Consultant Colorectal  
Surgeon, London

Alistair Myers, Consultant Colorectal  
Surgeon, Hillingdon

Anton Emmanuel, Consultant Neuro-  
Gastroenterologist, UCL

Ash Monga, Consultant Gynaecologist,  
Southampton

Carmen Hoh, Consultant Colorectal  
Surgeon, Leicester

Carolynne Vaizey, Consultant Colorectal  
Surgeon, St Marks London

Cat Boereboom, Consultant Surgeon,  
Nottingham

Davina Richardson, Children's Bladder &  
Bowel Specialist Nurse

Deepa Solanki, Consultant Clinical Scientist

Diane Brundrett, Advanced Specialist  
Dietitian, St Marks

Edward Courtney, Consultant Colorectal  
Surgeon, Royal United Hospital Bath

Eirini Dimidi, Reader in Nutritional  
Sciences, King's College London

Elizabeth Barba, Consultant  
Gastroenterologist, Barcelona, Spain

Emily Hoile, Team Lead Pelvic Health  
Physiotherapist, Devon

Emma Carrington, Consultant Colorectal  
Surgeon, Imperial College London

Gehanjali Amarasinghe, Consultant  
Gastroenterologist, St Marks

Greg Thomas, Consultant Colorectal and  
Pelvic Floor Surgeon, St Marks Hospital  
London

Hannah Nahorniak, Dietitian and  
Nutritionist, Herefordshire

James Barry, Surgical Registrar, North East  
England

James Kinross, Consultant Colorectal  
Surgeon, Imperial College London

Jennie Grainger, Consultant Colorectal  
Surgeon, Liverpool

Jimmy Limdi, Consultant  
Gastroenterologist, Manchester

John Bunni, Colorectal Surgeon, Royal  
United Hospital, Bath

Jon Lacy-Colson, Consultant Colorectal  
Surgeon, Shrewsbury

Jon Randall, Consultant Colorectal  
Surgeon, Bristol

Julie Cornish, Consultant Colorectal  
Surgeon, Cardiff

Kate Lough, Pelvic Health Physiotherapist

Kim Gorissen, Consultant Colorectal  
Surgery, Oxford

Lisa Reynolds, Clinical Psychologist,  
Scotland

Natalia Woodward, Patient Representative  
of TPFS

Pam Chaichanavichkij, Consultant General  
and Colorectal Surgeon, London

Phil Dinning, Medical Scientist, Adelaide,  
Australia

Rachael McBride, Consultant Colorectal  
Surgeon, Belfast

Sandeep Singh, Consultant Colorectal  
Surgeon, Warwickshire

Sarah Biggs, Senior Colorectal Surgical  
Trainee, South West

Tatenda Marunda, Lead Biofeedback  
Practitioner, St Marks Hospital London

Tom Dudding, Consultant Surgeon,  
Southampton

Wesley Lai, Consultant Surgeon, Plymouth

## **Thursday 5th November 2026**

|              |                                  |               |
|--------------|----------------------------------|---------------|
| <b>08:30</b> | <b>Registration &amp; Coffee</b> |               |
| 09:00        | Welcome NPFS Chair               | Julie Cornish |

|                                                                                                                |                                         |                  |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------|------------------|
| <b>Session 1: Potions and Powders: The Truth about Supplements</b><br><b>Chairs:</b> Kim Gorissen, Emily Hoile |                                         |                  |
| 09:05                                                                                                          | Fibre: Psyllium, Myota, Inulin and more | Hannah Nahorniak |
| 09:25                                                                                                          | Pre, -Probiotics and 'Natural' wonders  | Eirini Dimidi    |
| 09:45                                                                                                          | Masterclass on Laxatives                | Anton Emmanuel   |
| 10:15                                                                                                          | Q&A and Discussion                      |                  |
| <b>10:30</b>                                                                                                   | <b>Coffee &amp; Networking</b>          |                  |

|                                                                                                              |                                                                 |              |
|--------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------|
| <b>Keynote Lecture 1. Colonic motility, the ENS and the rectosigmoid brake</b><br><b>Chair:</b> Kim Gorissen |                                                                 |              |
| 11:00                                                                                                        | Human colonic motility: From the Organ bath to the whole person | Phil Dinning |

|                                                                                                            |                                                                                           |                       |
|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------|
| <b>Session 2: Abdominal distension: a practical view</b><br><b>Chair:</b> Tatenda Marunda and Kim Gorissen |                                                                                           |                       |
| 11:30                                                                                                      | New understanding in distension: Abdominophrenic Dyssynergia                              | Elizabeth Barba       |
| 11:50                                                                                                      | How to differentiate between STC, IBS, abdominophrenic dyssynergia and ED/body dysmorphia | Gehanjali Amarasinghe |
| 12:05                                                                                                      | Practical treatment of bloating                                                           | Diane Brundrett       |
| 12:20                                                                                                      | Discussion                                                                                |                       |

|              |                               |                                                                                                      |
|--------------|-------------------------------|------------------------------------------------------------------------------------------------------|
| <b>12:30</b> | <b>Lunch &amp; Networking</b> | <b>'Setting the Case for Modernising Treatment in Bowel Dysfunction' – Brigitte Collins - Qufora</b> |
|--------------|-------------------------------|------------------------------------------------------------------------------------------------------|

**Session 3: Surgery for constipation****Chairs:** Wesley Lai, Jennie Grainger

|       |                                            |                            |
|-------|--------------------------------------------|----------------------------|
| 13:30 | ACE                                        | James Barry                |
| 13:45 | Ileostomy for constipation                 | Carolynne Vaizey           |
| 14.00 | Colectomies for constipation               | Greg Thomas                |
| 14.15 | Functional outcomes of resection rectopexy | John Bunni and Ed Courtney |
| 14.30 | Q&A and Discussion                         |                            |

**Session 4. The defecation reflex, ODS & constipation****Chairs:** Emma Carrington, Deepa Solanki

|              |                                                                                              |                      |
|--------------|----------------------------------------------------------------------------------------------|----------------------|
| 15:00        | Going potty: rise of problematic potty training in children and their long term consequences | Davina Richardson    |
| 15:15        | Abnormal perception of urge and constipation                                                 | Pam Chaichanavichkij |
| 15:30        | Practical treatment of rectal areflexia                                                      | Tatenda Marunda      |
| 15.45        | Q&A and Discussion                                                                           |                      |
| <b>16.00</b> | <b>Coffee &amp; Networking</b>                                                               |                      |

**Session 5. The middle compartment Big Debate****Chairs:** Jon Randall, Cat Boereboom

|              |                                                                             |                 |
|--------------|-----------------------------------------------------------------------------|-----------------|
| 16.45        | Reinventing pessaries                                                       | Kate Lough      |
| 17.00        | The Big Debate:<br>This House believes Transanal repair of rectocele is Ace | Jon Lacy-Colson |
|              | This House believes Transvaginal repair of rectocele is Queen               | Ash Monga       |
| 17:30        | Discussion                                                                  |                 |
| <b>17.45</b> | <b>Closure</b>                                                              |                 |

|              |                                           |
|--------------|-------------------------------------------|
| <b>19:30</b> | <b>Drinks Reception &amp; Gala Dinner</b> |
|--------------|-------------------------------------------|

## **Friday 6th November 2026**

|                    |                                                 |
|--------------------|-------------------------------------------------|
| <b>08:00</b>       | <b>Registration</b>                             |
| <b>8.00 - 9.00</b> | <b>Poster presentations and Judging for All</b> |

### **Session 6. Urgent matters**

**Chairs:** Rachael McBride, Tom Dudding

|       |                              |               |
|-------|------------------------------|---------------|
| 09.00 | Urgency in patients with IBD | Jimmy Limdi   |
| 09.15 | Mouthwash as cure for FI     | James Kinross |
| 09.30 | New Scoring System for LARS  | Julie Cornish |
| 09.45 | Q&A and Discussion           |               |

### **AGM & Research. Chairs: Tom Dudding & Julie Cornish**

|       |                                                                         |                 |
|-------|-------------------------------------------------------------------------|-----------------|
| 10.00 | AGM for ALL PF Society members<br><i>*Includes Bacon Bap Breakfast*</i> |                 |
| 10:30 | Update on Research                                                      | Emma Carrington |

### **Best 6 Abstracts PF Research** (6 minutes with 3 mins questions each)

**Chairs:** Emma Carrington, Sandeep Singh, Sarah Biggs

|               |                                                                                                                                             |                   |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| 10:40 – 10:50 | Assessment of segmental anal canal distensibility in incontinent patients with and without recto-anal rectal intussusception using EndoFLIP | Matthew Davenport |
| 10:50 – 11:00 | Gluteus Maximus Muscle Transposition for Severe Fecal Incontinence: A Prospective Study of Functional and Electrophysiological Outcomes     | Ahmed Moustafa    |
| 11.00 – 11:10 | Prevalence of Disordered Eating and Eating Disorders in Faecal Incontinence and Constipation: A Systematic review and Meta-analysis         | Zirong Song       |

|               |                                                                                                                                                      |                     |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| 11:10 – 11:20 | Quality of online information for patients with obstructed defaecation                                                                               | Sabina Wallace-King |
| 11:20– 11:30  | Surgical Choice and Regret in Older Adults: A Comparison of Delorme's Procedure and Ventral Mesh Rectopexy for Full-thickness Rectal Prolapse Repair | Wai Miu Emma Liu    |
| 11:30 – 11:40 | Faecal Incontinence and Working Life                                                                                                                 | James Barry         |
| <b>11:40</b>  | <b>Coffee &amp; Networking</b>                                                                                                                       |                     |

### Keynote 2: Psychology in relation to the gut and the pelvic floor

**Chairs:** Carmen Hoh, Natalie Woodward

|       |                                                                                      |               |
|-------|--------------------------------------------------------------------------------------|---------------|
| 12:15 | Psychological Trauma and Pelvic Pain: A Compassion-Focused Approach to Clinical Care | Lisa Reynolds |
| 12:35 | Factitious disorder                                                                  | Alin Mascas   |
| 12:55 | Q&A                                                                                  |               |

### Consultant Corner. Chair: Cat Boereboom, Greg Thomas

Panel: Alison Hainsworth, Emily Hoile, Ash Monga, Jon Lacy-Colson

|              |                                                        |                                 |
|--------------|--------------------------------------------------------|---------------------------------|
| 13:00        | Case 1: Recurrent prolapse after Altemeier's Procedure | Sandeep Singh & Mohamed Mansour |
| 13:20        | Case 2                                                 | Emma Carrington                 |
| 13:40        | Case 3                                                 | Alistair Myers                  |
| <b>14:00</b> | <b>Closing And Take-Away Lunch</b>                     |                                 |