

Mandolay Hotel
Guildford
GU1 2AE



The Pelvic Floor Society

Working to Improve Outcomes



The Association of

**Coloproctology of
Great Britain & Ireland**



4th-6th
November 2026

THE PELVIC FLOOR SOCIETY PROGRAMME

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Thursday 5th November 2026

08:30	Registration & Coffee
09:00	Welcome NPFS Chair

Session 1: Potions and Powders: The Truth about Supplements

09:05	Fibre: Psyllium, Myota, Inulin and more
09:25	Pre, -Probiotics and 'Natural' wonders
09.45	Masterclass on Laxatives
10:15	Discussion
10:30	Coffee & Networking

Keynote Lecture 1. Colonic motility, the ENS and the rectosigmoid brake

11:00	Human colonic motility: From the Organ bath to the whole person
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Session 2: Abdominal distension: a practical view

11.30	New understanding in bloating: Abdominophrenic Dyssynergia
11:45	How to differentiate between STC, IBS, abdominophrenic dyssynergia and ED/body dysmorphia
12:00	Dieticians view on bloating
12.10	Diaphragmatic breathing: Practical session
12:20	Discussion

12:30	Lunch & Networking	Lunch Symposium
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Session 3: Surgery for constipation

13:30	ACE
13:45	Ileostomy for constipation
14.00	Colectomies for constipation
14.15	Functional outcomes of resection rectopexy
14.30	Discussion

Session 4. The defecation reflex, ODS & constipation

15:00	Going potty: rise of problematic potty training in children and their long term consequences
15:15	Abnormal perception of urge and constipation
15:30	Practical treatment of rectal areflexia
15.45	Discussion
16.00	Coffee & Networking

Session 5. The middle compartment Big Debate

16.45	Reinventing pessaries
17.00	The Big Debate: This House believes Transanal repair of rectocele is Ace This House believes Transvaginal repair of rectocele is Queen
17:30	Discussion
17.45	Closure

19:30	Drinks Reception & Gala Dinner
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Friday 6th November 2026

08:00	Registration
8.00 - 9.00	Poster presentations and Judging for All

Session 6. Urgency and LARS	
09.00	Urgency in patients with IBD (Miracuzimab)
09.15	Mouthwash as cure for FI
09.30	New Scoring System for LARS

AGM & Research. Chairs: Tom Dudding & Julie Cornish	
10.00	AGM for ALL PF Society members
10:30	Update on Research

Best VIDEOS & Abstracts PF Research (6 minutes with 4 mins questions each)		
10:30 – 10:40	TBC	
10:40 – 10:50	TBC	
11.00 – 11:10	TBC	

11:10 – 11:20	TBC	
11:20– 11:30	TBC	
11:30 – 11:40	TBC	
11:45	Coffee & Networking	

Keynote 2: Psychological trauma, chronic pain and the pelvic floor	
12:15	Factitious disorder
12:35	How to restart life with chronic pain
12:55	Q&A

Consultant Corner	
13:00	Case 1: Recurrent prolapse after Altemeijer
13:20	Case 2: TBC
13:40	Case 3: TBC
14:00	Closing And Take-Away Lunch