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The Pelvic Floor Society
Working to Improve Outcomes



The Association of
**Coloproctology of
Great Britain & Ireland**



4th
November 2026

**THE PELVIC FLOOR
SOCIETY
PRE-CONFERENCE STUDY DAY
PROGRAMME**

Meet The Faculty

- **Ms Emily Hoile**, Pelvic Health Physiotherapist, Torbay and South Devon NHS Trust
- **Ms Tatenda Marunda**, Lead Biofeedback Practitioner for Pelvic Floor Unit, St Marks Hospital, London
- **Ms Deepa Solanki**, Consultant Clinical Scientist, Guys and St Thomas' NHS Foundation, London
- **Ms Rhiannon Griffiths** Physiotherapist, Aneurin Bevan UHB, South Wales
- **Ms Carlene Igbedioh**, Advanced Nurse Practitioner/ Pelvic Floor Specialist Nurse, St Thomas Hospital
- **Professor Anton Emmanuel**, Gastroenterologist, UCL and Hospital for Neurology and Neurosurgery
- **Ms Tina Mistry**, Consultant Radiologist, St Thomas Hospital
- **Ms Helen Hunt**, ACP Pelvic Physiotherapist and Clinical Lead for Birmingham and Solihull PPHS
- **Ms Debbie Dillon**, Advanced Physiotherapy Practitioner in Pelvic Health, Somerset Foundation Trust
- **Mr Tristan Brown**, Patient Co-ordinator. Chelsea and Westminster Hospital
- **Dr Amina Saadi**, Chartered Psychologist, MSc, PGCert, BSc Health Psychologist
- **Mr Gregory Thomas**, Consultant Colorectal Surgeon, St Marks The National Bowel Hospital

Programme | The Pelvic Perspective: Elevating Outcomes of Patients and Staff

Session 1		
09:00	Registration & Coffee	
09:45	Welcome and introduction	Ms Emily Hoile, Ms Tatenda Marunda, Ms Deepa Solanki and Ms Rebecca Griffiths
10:00	Group sessions for faecal incontinence, constipation patients and group irrigation	Ms Carlene Igbedioh
10:30	Functional Gastroenterology patients	Professor Anton Emmanuel
11:00	Q&A	Panel Discussion
11:15	Coffee & Networking	

Session 2		
11:45	Pelvic Imaging Modalities	Ms Tina Mistry
12:15	Take a deep breath	Ms Helen Hunt
12:45	Q&A	Panel discussion
13:00	Lunch & Networking	

Session 3		
14:00	Psychosex and the pelvic floor - how can we introduce this into our clinics	Ms DebbieDillon
14:30	Trans awareness and inclusion	Mr Tristan Brown
15:00	Q&A	Panel discussion
15:15	Coffee & Networking	

Session 4		
15:45	Applying psychology in pelvic health	Dr Amina Saadi
16:15	What are the surgical treatment options for rectal prolapse?	Mr Gregory Thomas
16:45	Q&A and Closing remarks	Ms Emily Hoile and Ms Tatenda Marunda
17:00	End of session	