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Liverpool
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The Pelvic Floor Society
Working to Improve Outcomes



The Association of
**Coloproctology of
Great Britain & Ireland**



5th-7th
November 2025

THE PELVIC FLOOR SOCIETY PROGRAMME

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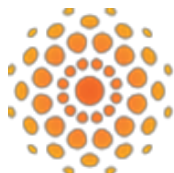


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Meet The Faculty

Andy Williams, Colorectal Surgeon, London

Brigid Rowley, Specialist advanced Practitioner, Aintree site, LUHFT

Cat Boereboom, Consultant Surgeon at Nottingham University Hospitals NHS Trust

Charles Knowles, Consultant Colorectal Surgeon, London

Claire Henri, Psychologist, St Marks Kings Hospital

Edward Courtney, Consultant Colorectal Surgeon, Royal United Hospital Bath

Emily Clarke, Consultant Physician in Genitourinary Medicine and HIV, The Royal Liverpool University Hospital

Emily Hoile, Team Lead Pelvic Health Physiotherapist, Devon NHS Trust

Emily Farrow, SpR Wales Deanery

Emma Carrington, Consultant Colorectal Surgeon, Imperial College London

Fiona Lewis, Consultant Dermatologist, St John's Institute of Dermatology

Greg Thomas, Consultant Colorectal and Pelvic Floor Surgeon, St Marks Hospital London.

Jane Hughes, Consultant Colorectal Surgeon, Aintree Hospital, Liverpool

Jenny Grainger, Consultant Colorectal Surgeon, Countess of Chester Hospital, Liverpool

John Bunni, Colorectal Surgeon, Royal United Hospital, Bath

Jon Randall, Consultant Colorectal Surgeon, Bristol

Julian Hance, Consultant Colorectal Surgeon, Leeds

Julie Cornish, Consultant Colorectal Surgeon, Cardiff

Kim Gorissen, Consultant in Emergency & Colorectal Surgery, Oxford University Hospitals NHS Foundation Trust.

Kiran Altaf, Consultant Colorectal Surgeon at Liverpool University

Liviu-Vasile Titu, Consultant Colorectal Surgeon at Wirral University Teaching Hospital

Mo Belal, Consultant Urologist, Queen Elizabeth Hospital, Birmingham

Paul Carter, Colorectal Surgeon, Royal Liverpool Hospital

Paula Briggs, Consultant In Sexual and Reproductive Health, Liverpool

Portia Goldsmith, Dermatologist, Barths (KG)

Rachael McBride, Consultant Colorectal Surgeon, Belfast

Raj Rajaganeshan, Consultant Colorectal Surgeon, St Helens & Knowsley Teaching Hospitals NHS Trust

Ruben Trochez, Consultant Gynaecological Surgeon, Liverpool Womens Hospital

Shafique Shaikh, Consultant Colorectal Surgeon, Aberdeen

Shakil Ahmed, Consultant Surgeon, Royal Liverpool University Hospital Trust

Sushil Maslekar, Consultant Colorectal Surgeon Leeds

Tatenda Marunda, Physiotherapist, St Marks Hospital, London

Tom Dudding, Consultant Surgeon, University Hospital Southampton NHS Foundation Trust

Tomos Williams, MEED Lead, Liverpool

Veera Garimella, Consultant General and Colorectal Surgeon, University Hospital North Midlands

Wesley Lai, Consultant Surgeon, Plymouth

Zoe Crook, Pelvic Floor Physiotherapist Liverpool

St John's Institute of Dermatology

Ufuk Gur, Consultant Colorectal Surgeon, Royal Liverpool University Hospital Trust

Thursday 6th November 2025

08:30	Registration & Coffee	
09:00	Welcome NPFS Chair	Tom Dudding

Session 1: Eating Disorders & the Pelvic Floor Chairs: Cat Boereboom		
09:10	The Rise of Eating disorders in UK. Essentials for pelvic floor teams to know.	Tomos Williams
09:40	Effect of eating disorders & laxative (ab)use on the gut, gut-brain axis & microbiome	TBC
10:00	Eating disorders and the pelvis: considerations for anatomy and surgery	Andy Williams
10:15	Discussion	
10:30	Coffee & Networking	

Session 2: Miscellaneous Pelvic Floor Chair: Emily Farrow		
11:00	Infections of the perineum, anus and rectum: MPOX; STDs and beyond	Emily Clarke
11:15	Dermatologic conditions of the perineum	Fiona Lewis
11:30	Irrigation proctograms as a patient education tool	Zoe Crook & Brigid Rowley

Keynote Lectures Chair: Jenny Grainger		
12:00	Keynote 1: The rise of Ketamine and it's effects on the pelvic floor	Mo Belal
12:30	Lunch & Networking	Irrigation Pathway [Qufora Symposium] – Mel Milman (20 mins)
Afternoon sessions: Prolapse Surgery: Debates on techniques and indications		
13:30	Introduction to prolapse surgery: Update on current evidence	Tom Dudding
13:40	Keynote 2: International Consensus on laparoscopic ventral mesh rectopexy.	TBC

Session 3: LAPAROSCOPIC VMR: Best practice. Technique in detail Chairs: Kim Gorissen & Jon Randall		
14.00	Tips for patient preparation, positioning, port placement and tricks to enhance exposure	Julian Hance
14.10	Anatomy of the sacral promontory in detail and fixation of mesh	Liviu-Vasile Titu
14.20	Lateral dissection, pouch of Douglas and rectovaginal septum dissection	Sushil Maslekar
14.30	Rectopexy mesh types, shape, fixation and tension	Raj Rajaganeshan
14.40	Suture type and placement and closure of peritoneum	Jane Hughes
14:50	Discussion	

Session 4. Robotic rectopexy Chairs: Kiran Altaf & Shafaque Shaikh		
15:00	Differences between LVMR and RVMR set-up, outcomes and surgeon comfort	Veera Garimella
15:15	Technical Tips for robotic rectopexy	Shakil Ahmed
15:30	Discussion	
15:45	Coffee & Networking	

Session 5. Suture rectopexy & resection rectopexy Chairs: Julie Cornish & Tom Dudding		
16:15	Suture rectopexy: Techniques, tips and tricks and Current Evidence	Wesley Lai
16:45	Resection rectopexy.	John Bunni/ Edward Courtney
17:15	Debate on how to choose between different rectopexies.	Consultant Panel
18:00	Closure	

19:30	Gala Dinner @ Isla Gladstone
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Friday 7th November 2025

08:00	Registration
8.30 - 9.00	Poster presentations and Judging for All

Session 6. The Menopause and the Pelvic Floor

Chairs: Emily Hoile & Tatenda Marunda

09:00	Key Note:- Back to basics: what does again happen during menopause	Paula Briggs
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AGM & Research

09:30	AGM for ALL PF Society members <i>*Includes Bacon Bap Breakfast*</i>	
10:00	Update on Research	Emma Carrington

Best VIDEOS & Abstracts PF Research (6 minutes with 4 mins questions each)

Chairs: Emma Carrington & Rachael McBride

10:15 – 10:25	Genetics And Connective Tissue Disease In External Rectal Prolapse: Emerging Insights And Implications For Future Research	Matt Davenport
10:25 – 10:35	Expanding The Multidisciplinary Management Of Male Chronic Pelvic Pain Syndrome – An Exploratory Occupational Therapy Intervention	Nicky Craig
10:35 – 10:45	A Cost Minimization Analysis Of Single-Stage Versus Two-Stage Sacral Neuromodulation Strategies For Faecal Incontinence	Maria Victoria Rodriguez Noci
10:45 – 10:55	Ventral Mesh Rectopexy For Rectal Prolapse: Twelve-Year Outcomes On Recurrence And Mesh-Related Complications	Vivien Ngo
10:55 – 11:05	Proof Of Concept In Vitro Study Of The Adsorption Capacity Of The Enteroadsorbant Enterosgel For Cytokines And Enzymes Relevant To Ulcerative Colitis	Symriti Kaur-Paneser

11:05 – 11:15	Ganglion Impar Block And Pulsed Radiofrequency Under Fluoroscopic Guidance In Chronic Coccydynia: A Retrospective Case Series	Joana Saldanha
11:15	Coffee & Networking	

Session 7. Updates on Neuromodulation Chairs: Tom Dudding & Kim Gorissen		
11:45	Current state of neuromodulation and insights	Ufuk Gur
12:00	Future of neuromodulation.	Charles Knowles
12:15	Keynote 3: Childbirth Injury: a Global Challenge	Mhairi Collie

Consultant Corner Chair: Kiran Altaf Panel: Charles Knowles, Greg Thomas, Andy Williams, Julie Cornish, Ufuk Gur, Paul Carter, Ruben Trochez		
12:30	Case Discussion: Incontinence	Local Resident TBC
13:00	Case Discussion: Constipation/ OD	Local Resident TBC
13:30	Case Complication after surgery	Resident TBC
14:00	Closing And Take-Away Lunch	