

Faecal incontinence Severity Index (FISI) scoring

	≥ 2 times/day	Once/day	≥ 2 times/week	Once/week	1-3 times/month
Gas	12/9	11/8	8/6	6/4	4/2
Mucous	12/11	10/9	7/7	5/7	3/5
Liquid	19/18	17/16	13/14	10/13	8/10
Solid	18/19	16/17	13/16	10/14	8/11

Weighted Patient/Clinician Scores shown (i.e. gas >2 times a day would score 12 on patient rated scale and 9 on clinician rated scale).

The index evaluates four types of faecal leakage based on patient and clinician assessment:

1. **Gas** (flatus)
2. **Mucus**
3. **Liquid stool**
4. **Solid stool**

For each type of leakage, the patient indicates how frequently they experience it, choosing from six frequency categories ranging from "Never" to "2 or more times a day". Each symptom-frequency combination is assigned a specific "weight" based on how distressing **patients and clinicians rank that specific issue**. These weighted points are then added together to produce the final FISI score.

The total FISI score ranges from **0 to 61**

- **0 points:** Indicates complete continence (no leakage).
- **Higher Scores:** Indicate more severe incontinence and more frequent or difficult leakage.
- **Maximum Score (61):** Represents the most severe scenario, having daily leakage of solid stool.

While there is no rigid cutoff for "severe" versus "mild," studies use scores to gauge quality of life. Clinical consensus often utilizes a threshold of **30 points**: patients scoring above 30 are significantly more likely to experience an impaired quality of life due to their symptoms.