

Modified Longo ODS Score

Question	Frequency Scoring Questions (1-6)			
	Never	Less than once weekly	1–6 days weekly	Every day
Medication for defecation (laxatives, suppositories)	0	1	2	3
Difficulty evacuating	0	1	2	3
Digitation to evacuate	0	1	2	3
Return to toilet to evacuate	0	1	2	3
Feeling of incomplete evacuation	0	1	2	3
Straining to evacuate	0	1	2	3
Time needed to evacuate	0	1	2	3
Lifestyle alteration	0	1	2	3

Scoring guide:

Questions 1–6 use frequency scoring: 0 = never
 1 = less than once weekly
 2 = 1–6 days weekly
 3 = every day.

Question 7 (time needed to evacuate): 0 = less than 5 minutes
 1 = 6–10 minutes
 2 = 11–20 minutes
 3 = more than 20 minutes

Question 8 (lifestyle alteration): 0 = no alteration
 1 = mild alteration
 2 = moderate alteration
 3 = significant alteration

Total score: 0 to 24, where 0 is best. Score >9 diagnostic of ODS.