

Renzi Obstructed Defaecation Syndrome (ODS) score

Symptom	Never	Rarely	Sometimes	Usually	Always
Overstrain	0	1	2	3	4
Feeling of incomplete evacuation	0	1	2	3	4
Use of enemas, laxatives	0	1	2	3	4
Suppression from the vagina, perineum	0	1	2	3	4
Abdominal discomfort, pain	0	1	2	3	4

0 - 8: Normal bowel function (no significant ODS).

≥ 9: Diagnostic cutoff for ODS.

Scores ≥ 9 indicate that the patient has obstructed defecation syndrome, with higher numbers pointing to more severe symptoms.

10 - 20: Moderate to very severe ODS

Often indicating the need for medical, physiotherapeutic, or surgical intervention.