

St. Mark's Faecal Incontinence Score

Please circle the appropriate box for each question:

	Never	Rarely	Sometimes	Weekly	Daily
Incontinence for solid stool	0	1	2	3	4
Incontinence for liquid stool	0	1	2	3	4
Incontinence for gas	0	1	2	3	4
Alteration in lifestyle	0	1	2	3	4

	No	Yes
Need to wear a pad or plug	0	2
Taking constipating medicines	0	2
Lack of ability to defer defecation for 15 minutes	0	4

SCORE _____ (24)

Never	<i>No episodes in the past 4 weeks</i>
Rarely	<i>One episode in the past 4 weeks</i>
Sometimes	<i>> one episode in the past 4 weeks but < once a week</i>
Weekly	<i>One or more episodes a week but < once a day</i>
Daily	<i>One or more episodes a day</i>

Add one score from each row

Minimum score = 0 = perfect continence

Maximum score = 24 = totally incontinent